

Rad^{to}RadLearning

Focused tips from our experts

Ovarian / Adnexal Torsion

BODY IMAGING NATIONAL SUBSPECIALTY DIVISION



PEER LEARNING OPPORTUNITY

Ovarian/adnexal torsion is the cause for pelvic pain in approximately 3% of women presenting to the ED. Patients typically present with severe unilateral pelvic pain, often accompanied by nausea.



Uterus tilted towards enlarged R ovary (↑) with peripheralized follicles. Inflammatory changes and free fluid noted in pelvis. Normal L ovary (▲) for reference.



PRACTICAL INSIGHTS

- A twisted pedicle can be seen.
- Often associated with an underlying mass or cyst.
- Torsion can occur in pregnancy and without masses.
- Flow may be present on ultrasound.
- Prompt diagnosis and treatment is crucial to avoid necrosis.



CHECK FOR PERIPHERAL DISPLACED FOLLICLES AND ENLARGED OVARY.

CLINICAL VALUE