

Rad^{to}Rad Learning

Focused tips from our experts

Midtarsal Sprain Injury

MSK NATIONAL SUBSPECIALTY DIVISION



PEER LEARNING OPPORTUNITY

Unidentified, seemingly insignificant avulsion fractures can lead to long-term instability and chronic foot pain.



Consider CT for increased sensitivity & characterization



PRACTICAL INSIGHTS

- Common avulsion locations:
 - Distal dorsal talar head, dorsal margin of the anterior process of the calcaneus, lateral margin of the calcaneocuboid joint
- Avulsion fractures from amidtarsal sprain injury are often associated with ankle sprains and midfoot inversion injuries.



CONSIDER CT FOR INCREASED SENSITIVITY

CLINICAL VALUE